




BS in Health and Wellness Plan File (PPF)
Category 1

 Degree Requirement	Required Quarter Credits	CCAF Transfer Credits	Course Credits to take at Kaplan University
Major Requirements	60		60
EF310 – Current Trends in Exercise and Fitness – Aging Well Across the Life Span	6		6
HW310 – Complementary and Alternative Medicine	6		6
HW315 – Models for Health and Wellness	6		6
HW320 – Contemporary Diet and Nutrition	6		6
HW410 – Stress – Critical Issues in Management and Prevention	6		6
HW420 – Creating Wellness – Psychological and Spiritual Aspects of Healing	6		6
HW425 – Health and Wellness Programming – Design and Administration	6		6
100–400 Level Health Science Electives	12		12
HW499 Bachelor’s Capstone in Health and Wellness	6		6
Core Requirements	33	-	8
<i>Elective Credits for Core Waivers*</i>	-	25	
CM107 – College Composition I	5	<i>Waived*</i>	
CM220 – College Composition II	5	<i>Waived*</i>	
100/200 Level Mathematics Elective	5	<i>Waived*</i>	
100/200 Level Arts and Humanities Elective	5	<i>Waived*</i>	
100/200 Level Social Science Elective	5	<i>Waived*</i>	
CS204 – Professional Presence	3		3
100/200 Level Science Elective	5		5
Elective Requirements	87	71	16
100–400 Level Open Electives	87	71	16
Total Credits Required Bachelor of Science in Human Services	180	96	84



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Evaluation Notes:

^ Students who have earned an associate's or bachelor's degree from a regionally or nationally accredited college may be eligible to have designated lower-level courses waived from the bachelor's degree requirements. Students will be awarded credit from their prior degree for an equal number of credits as the credit value of the waived courses, giving an advanced start in the bachelor's degree. Please reference the full policy in the Kaplan University catalog online or in the pdf under Policy Information => Prior Learning Assessment => Advanced Start Credit in Bachelor's Degrees.

http://catalog.kaplanuniversity.edu/Advanced_Start_Credit.aspx

* Requirement is waived via the CCAF general education requirements being fulfilled through the student's CCAF Associate Degree completion. Elective has been added to balance the credit total for the degree.

This worksheet does not constitute an official evaluation of a student's prior learning. All students who possess prior learning are encouraged to submit evidence of such and apply for credit evaluations. The University may award credit for various forms of prior learning including courses taken at other institutions, experiential learning, military credit, and others. All prior learning is reviewed on a case-by-case basis, and credit is awarded ultimately at the discretion of the University. To be considered, official transcripts and exam scores should be sent to the following address: Kaplan University, The Office of the Registrar, 550 West Van Buren Street, 7th Floor, Chicago, IL 60607